



## Women Empowerment

This is a twelve-month curriculum that teaches skills women can use to enter or re-enter the job market. Skills include sewing, fashion design and crafting. In addition to sewing instruction, students will learn basic financial skills from a trained financial adviser, resume writing and interview skills from a job counselor, how to dress for an interview, and basic employment etiquette, such as on-time arrivals, calling when late, scheduling time off with supervisor's approval.

Our program teaches women independence and self-reliance using sewing as the platform. The course is offered free to qualified women. It is 6 hours per day, 4 days per week for 50 weeks. The duration of the program is designed to provide stability and continuity, as well as a safe place to go while women reestablish themselves. Shorter programs do not give the stability needed to work through the vicissitudes of making new lives.

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## Details

**Minimum Age:** 13

**Maximum Age:** 100+

**Restrictions:** Open Tues, Wed. and Thurs, 10:00-4:30, Fridays 10-2:00

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## Services

Educational Programs    Employment & Training

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## Locations

1518 Girard Blvd NE  
Albuquerque, NM 87106

**Phone:** (505) 349-1795

**Geographic Area Served:** Bernalillo County

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## Parent Organization

### TenderLove Community Center, Inc.

The mission of TenderLove Community Center is to help homeless, near homeless and low-income women achieve stable, self-supporting lives for themselves and their families. *We seek to break cycles of poverty and homelessness through programs that teach skills to enter or re-enter the job market after traumatic circumstances such as survival of domestic violence, previous incarceration, or homelessness*

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**Type:** Nonprofit

**EIN:** 454766711

<http://www.tenderlovecommunitycenter.org/>