



**SHARE** new mexico™

## **T Or C Physical Therapy**

The basic goals of PT are to relieve pain, regain movement, restore function, rebuild confidence, and help people adapt. PT can help you lead a more active, independent life. It teaches people how to overcome setbacks from disease, surgery, accidents and aging in the shortest time possible. Physical therapy is devoted to treating, healing and preventing injuries and disabilities.

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### **Details**

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### **Services**

Health Support/Education/Insurance   Rehab Services   Leisure/Recreation/Sports

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### **Locations**

*219 Hubble Drive  
Truth Or Consequences, NM 87901*

**Phone:** (575) 894-8029

**Hours:** Monday and Wednesday: 9:00 am-5:00 pm; Tuesday and Thursday: 1:30 pm -5:00 pm

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### **Parent Organization**

#### **Truth or Consequences Physical Therapy**

*219 Hubble Dr.  
Truth Or Consequences, NM 87901*

**Phone:** (575) 894-8029

**Contact Email:** [wellness@windstream.net](mailto:wellness@windstream.net)

**Type:** Forprofit