



**SHARE** new mexico™

## Geriatric Education and Health Maintenance (GEHM)

Clinics for individuals age 55 and older. Services include: blood pressure, diabetes screening and self-management education, health assessments, nutrition counseling, health problems, medication management, and more. Donations accepted but not required. Appointments required for fitness physicals. All clinics held from 9:00 A.M. - 1:00 P.M.. Call Senior Centers for clinic dates.

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### Details

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### Services

Health Care   Health Screening   Older Adults

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### Locations

#### Barelas Senior Center

714 7th St., SW  
Albuquerque, NM 87102

**Phone:** (505) 764-6436

**Geographic Area Served:** Bernalillo County

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#### Bear Canyon Senior Center

4645 Pitt St., NE  
Albuquerque, NM 87111

**Phone:** (505) 767-5959

**Geographic Area Served:** Bernalillo County

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#### Highland Senior Center

131 Monroe St., NE  
Albuquerque, NM 87108

**Phone:** (505) 767-5210

**Geographic Area Served:** Bernalillo County

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## Los Volcanes Senior Center

*6500 Los Volcanes Rd. NW  
Albuquerque, NM 87107*

**Phone:** (505) 767-5999

**Geographic Area Served:** Bernalillo County

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## North Valley

*3825 4th St. NW  
Albuquerque, NM 87107*

**Phone:** (505) 761-4025

**Geographic Area Served:** Bernalillo County

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## Palo Duro

*5221 Palo Duro Ave., NE  
Albuquerque, NM 87110*

**Phone:** (505) 888-8102

**Geographic Area Served:** Bernalillo County

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## South Valley Multi-purpose Center

*2008 Larrazolo Rd., SW  
Albuquerque, NM 87105*

**Phone:** (505) 468-7604

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## Manzano Mesa Multigenerational Center

*501 Elizabeth St., SE  
Albuquerque, NM 87123*

**Phone:** (505) 275-8731

**Geographic Area Served:** Bernalillo County

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## North Domingo Baca Multigenerational

*7521 Carmel Ave., NE  
Albuquerque, NM 87109*

**Phone:** (505) 764-6475

**Geographic Area Served:** Bernalillo County

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## **Parent Organization**

### **UNM School of Nursing**

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