

#### Wellness on Wheels

Exercise equipment - treadmills, stair steppers, exercise bikes. Cooking demonstrations-nutrition education Interactive health teaching statione - touch screen computers. Mountain bikes, jump ropes. Health education-Health promotion materials. Health screenings (glucose, cholesterol, body fat).

## Details

#### Services

Behavioral Health Assessment & Treatment Health Support/Education/Insurance Leisure/Recreation/Sports

## Locations

P O Box 160 Shiprock, NM 87420

Phone: 505-368-6300

# **Parent Organization**

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