

### Personal Chef Services Now Available in New Mexico

I am thrilled to share with New Mexico businesses that serve our veterans and the aging that <u>Chef For Seniors</u> is now accessible to our senior community in New Mexico! This service is designed to improve the quality of life for our seniors by offering nutritious, healthy, and affordable personal chef services that customize meals according to individual dietary requirements.

#### A little about CFS

Chefs For Seniors was founded in 2013 by <u>Barrett Allman</u>, an executive chef and restaurant owner with over 25 years of experience in the food service industry. As is the case with many other professionals in the industry, he found it challenging to maintain a balance between work and time with family. He wanted to find a way to use his skillset as a professional chef to make a difference in his community, while giving him flexibility. In talking with senior customers in his restaurants, he was struck by how many told him they struggled to cook meals for themselves. He wanted to connect with the people he was cooking for and came up with the idea for a service that would enable seniors to age in place. A few months after the company was founded, Barrett's son Nathan joined the Chefs For Seniors team.

\*We are licensed and insured and a recent member of the Santa Fe Elder Care Network

### **Details**

Ages: All ages Races: All Genders: All

**Intake Process:** Appointment Necessary **Payment Options:** Fee for service

Special Needs: Veterans Waiting List: Sometimes

**Contact:** Whitney

Contact Email: whitney.lester@chefsforseniors.com

#### Services

Food Consumer Services Disabilities and Health Concerns Veterans

### Locations

## **New Mexico**

**Phone:** (505) 519-5708

**Hours:** 

9am - 4pm

Services Limited By Geography: No

Geographic Area Served: Bernalillo County Dona Ana County Santa Fe County

# **Parent Organization**

# Whitney's Chef Services, LLC DBA Chefs For Seniors

Chefs For Seniors New Mexico aims to provide home-prepared nutritious meals and companionship to the elderly.

3723 Ascencion Circle Las Cruces, NM 88012

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*Type:* Forprofit *EIN:* 33-4594218

http://chefsforseniors.com/santa-fe-albuquerque/