



## Youth Adventure Warriors Camp

Teaching high-risk, inner-city youth the skills to become successful in life is at the core of the YAW program. The three major components of the program are:

**Spiritual** -Offers interpersonal and intrapersonal growth guided by multiple mindfulness and prayer tools that promote internal growth.

**Wilderness**-Offers multiple modalities that will improve overall health by diet, exercise, and wilderness education around living a healthy lifestyle with balance (i.e., high and low ropes courses, trust walk, hiking).

**Psychotherapy**-Offers outpatient counseling services for adolescents with various behavioral and addictive disorders.

Youth participate in a comprehensive program of adventure, spiritual, and psychological therapy that promotes the physical, educational, and spiritual life skills necessary to prepare and empower them for leadership in their communities and success in their personal lives.

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### Details

**Ages:** Teen

**Races:** All

**Genders:** All

**Intake Process:** Call

**Documentation:** Birth certificate

**Payment Options:** No one is refused service due to inability to pay

**Special Needs:** Behavioral health or substance abuse

**Waiting List:** Limited Slots

**Minimum Age:** 12

**Maximum Age:** 20

**Contact:** Dr. Christella Mata-Hartshorn

**Contact Email:** youthadventurewarriors@gmail.com

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### Services

Youth Development

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### Locations

#### New Mexico Area

**Phone:** (505) 900-4643

**Languages Spoken:**

English

Services Limited By Geography: no

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## **Parent Organization**

### **Youth Adventure Warriors**

Youth Adventure Warriors works to inspire youth to develop self-efficacy, life skills, and spiritual growth through outdoor adventure based activities. We believe that a single action can make a difference in the community, and that a collective action can greatly impact the world.

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**Type:** Nonprofit

**EIN:** 83-2152344

<http://youthadventurewarriors.org>